### Introduction

Teens live in a complex world balancing social and school life. Although not for everyone, most teens experience dating in some form. This program helps teens cope with the experiences and complex lessons of early dating and opens up the definition of teen dating to match the reality teen's face today. It gives practical advice for getting through the first date and encourages teens to be open-minded on who they choose to date.

The program emphasizes upbringing and personal values and how a student can use these to make wise choices. Most importantly, the program identifies some of the common lessons of teen dating and how to make smart choices for a life of healthy and positive choices.

# Learning Objectives

After completing the program the student will have a better understanding of the experiences and complex lessons of dating and learn how to make healthy and positive choices.

# **Discussion Topics/Questions**

- 1) What is a date?
- 2) How can a teen broaden their dating choices?
- 3) Why is taking it slow a good idea?
- 4) Why is the issue of sexual intimacy so complex?
- 5) Why can dating teach a teen important lessons for life?
- 6) What is safe sex?
- 7) Can dating be emotionally dangerous?
- 8) Is it okay NOT to date?

## **Presenting the Program**

To prepare a lesson plan for the presentation of each program, review the suggested outline below.

#### 1) Before Students View The Program:

Collect as many recommended books as possible to help generate class interest and participation. Preview each program and become familiar with the concepts that are presented in it.

#### 2) Students View The Program:

The first viewing if possible should be uninterrupted.

#### 3) After The First Viewing:

Elicit discussion of what the students have seen and heard. The next viewing will be enriched by this general discussion.

#### 4) Second Viewing:

The program may be viewed again, this time with attention to detail. The teacher should feel free to stop and question students regarding:

- 1) What is happening in a visual?
- 2) The major concepts.

#### 5) Post Activities and Discussion:

Discussion questions for this program may be used to stimulate further interest, reinforce concepts and evaluate student comprehension.

#### 6) Companion Program:

The program has a recommended companion title: The Dark Side of Dating.

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# Real Life Teens

Series

# **Lessons Of Love**

TEACHER'S GUIDE

Q346

This program is designed for a general high school audience, grades 8-12.